

What should I tell others?

Everyone makes decisions differently. Some people are very open and choose to involve others that they care about in their decision making. Some people choose to make decisions privately without the advice of others. It is hard to make an adoption plan privately as the pregnancy become more obvious. Many expectant individuals and couples get a lot of advice about their plans for their child as the pregnancy continues.

If you are considering adoption, it is important to remember that it is your choice to whom and what you share with others. Remember this is a highly personal decision. There are some people who need to know about your plans. First of all, it is important that you discuss your plans with your health care provider. Your doctor or midwife, hospital social worker are in a position to make the adoption process go much more smoothly so it is wise to keep them informed of your plan. Secondly in most states the father of the baby must be notified of the adoption plan. This does not mean that you have to be the one who tells him of your plan. Some women choose to work with their adoption agency or attorney to inform him of the adoption plan. In most cases, it works best if the mother tells the father of her plan. Thirdly, it is important to involve your support system in your plan whether that is family or friends. Their support will be needed during this process.