

Family Life Education Curriculum  
 Adoption Issues Training Materials for Prospective Parents  
 Internationally adopting family may substitute the 10 hour Hague Parent Education Requirements for FLEC.

<u>Article Title</u>	✓ <u>When Read</u>	<u>Date</u>	<u>Time Taken - Mins</u>
<b>Section One: Core Issues in Adoption</b>			
<b>Total Section Minutes</b>			

<b>Section Two: Adoption as a Life-long Process</b>			
The Biological Clock: Key Times in an Adopted Person's Life			
Introducing the Subject of Adoption with Your Child			
Being An Adoptive Family			
Ways to Integrate Your Adopted Child into Your Family			
Common Questions Adoptees Might Ask			
How to Explain Adoption to Others			
How to Succeed as an Adoptive Family			
Common/Core Issues in Adoption			
Predictable Crisis Periods for Adoptive Families			
How Families Can Best Deal with Crises			
What to Do When the Adoption is "Threatened"			
Summary			
Glossary of Adoption-Related Terms			
Adoption and School Issues			
<b>Total Section Minutes</b>			

<b>Section Three: Emotions in Adoption</b>			
Life Long Issues in Adoption			
Growing Up Adopted			
Sharing Her Grief Story: An Adult Adoptee			
Dealing with Loss of Fertility			
Infertility Begets a Family			
Infertility and Grief: A Transformative Process			
Resolving the Loss of Fertility			

## Adoption Issues Training Materials for Prospective Parents

<u>Article Title</u>	✓ <u>When Read</u>	<u>Date</u>	<u>Time Taken - Mins</u>
Men and Infertility: The Pain of Not Being a Biological Father			
Losing An Adoption			
Losing a Sibling: Helping Your Child Cope with an Adoption Reversal			
<b>Total Section Minutes</b>			

### **Section Four: Communicating About Adoption**

Explaining Adoption to Your Children, Family, and Friends			
Speaking Positively: Using Respectful Adoption Language			
Accurate Adoption Language			
<b>Total Section Minutes</b>			

### **Section Five: Relationship Continuum**

Openness in Adoption			
What is Open Adoption?			
<b>Total Section Minutes</b>			

### **Section Six: Birth Parents**

Birth Parent Loss and Grief			
Adoptive Mother Reaches Out to Birth Mothers			
Flowers for Peggy: On Respecting a Birthmother's Privacy			
<b>Total Section Minutes</b>			

### **Section Seven: International Adoption**

Raising the Post-Institutionalized Child			
Eastern European Adoption and the Problem of Disruption			
The Multiple Roles of the Home Country in the Lives of Our Children			
<b>Total Section Minutes</b>			

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<u>Article Title</u>	<input checked="" type="checkbox"/> <u>When Read</u>	<u>Date</u>	<u>Time Taken - Mins</u>
<b>Section Eight: International Medical Information</b>			
International Adoption Medical Professionals			
Post-Arrival Evaluation			
Recommended Screening Tests and Evaluations			
Common Medical Problems			
Malnutrition			
Feeding Suggestions While Abroad			
Helpful Medical Items to take to China for Your Child			
Tests and Vaccinations for Children Adopted from China			
Alcohol-Related Birth Defects and International Adoption			
Russian Medical Reports: Terminology			
Russian Vaccination Schedule			
Mongolian Spots			
<b>Total Section Minutes</b>			
<b>Section Nine: International Travel Preparation</b>			
Health Precautions for Travelers			
Coping and Difficulties and Delays as You Wait for Your Child			
Traveling Alone: Words of Wisdom			
Preparing While You Wait for Adoption Travel			
Vaccination Guide			
Immunizations for Families Going Abroad to Adopt			
Hepatitis B: Vaccination Imperative for Families Adopting Abroad			
<b>Total Section Minutes</b>			
<b>Section Ten: Trans-racial/Trans-cultural Adoptions</b>			
Trans-racial and Trans-cultural Adoption			
<b>Total Section Minutes</b>			

## Adoption Issues Training Materials for Prospective Parents

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### Date

### Time Taken - Mins

#### **Section Eleven: Attachment and Bonding**

Attachment in Early Childhood			
What is Attachment Disorder?			
Attachment Disorder			
Reactive Attachment Disorder			
Foundations of Attachment			
Issues of Separation and Loss in Adopted Children			
Easing Your Child's Separations From You			
Effects of Long-term Institutionalization on Children			
Promoting Attachment and Brain Development in Your Child			
What if Your Child Rejects You During the Attachment Process?			
Adjustment by the Child			
Bonding—the Development of Emotional Attachment			
Observation Checklist: Birth to One Year			
One to Five Years			
Grade School Years			
Long-range Effects			
Checklist: Ways to Encourage Attachment			
Attachment Disorder References			
Attachment Resources for Parents of Adopted Children			
<b>Total Section Minutes</b>			

#### **Section Twelve: Prenatal Drug and Alcohol Exposure**

Alcohol Effects on a Fetus: Symptoms, Exams and Tests, Treatment, References			
Drug-Exposed Children			
Alcohol Effects on a Fetus: Other Places to Get Help			
Alcohol-Related Defects and International Adoption			
Helping Your Baby at Home: A Guide for Parents and Caregivers			
<b>Total Section Minutes</b>			

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**Date**

**Time Taken - Mins**

**Section Thirteen: Special Topics**

Dealing with an Unexpected Diagnosis in Your Child			
Separation Anxiety Disorder			
Attention Deficit/Hyperactivity Disorder			
Parenting the Sexually Abused Child			
Indicators of Child Sexual Abuse			
Disruption			
<b>Total Section Minutes</b>			

**Section Fourteen: The Life Book**

Life Book Checklist			
Your Child's Life Book: An Introduction to Her/His Adoption Story			
Life Books: Every Adopted Child Needs One			
Life Book Resources			
<b>Total Section Minutes</b>			

**Section Fifteen: Celebrating Adoption**

Celebrate Adoption Awareness Month			
Why Rituals? Why Adoption Rituals?			
Adoption Gifts			
Commonly Used Symbols			
<b>Total Section Minutes</b>			

**Section Sixteen: Recommended Resources**

Internet			
Publications			
Organizations			
Specialized Resources			
Books on How to Adopt Your Child			
<b>Total Section Minutes</b>			

Adoption Issues Training Materials for Prospective Parents

Please add all Total Section Minutes here.  
Please read the declaration, sign and date this form.

Total Minutes of Study \_\_\_\_\_

I verify that I have read the articles indicated above. I verify that I have accurately accounted for the time spent reading them.

Adoptive Mother

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I verify that I have read the articles indicated above. I verify that I have accurately accounted for the time spent reading them.

Adoptive Father

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For Administration Use Only

Total Hours of Study \_\_\_\_\_

Adoption Services Director / Adoption Specialist

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_